



BREAKFAST + LUNCH

PARFAIT BAR

YOGURTS: Vanilla, Greek, Vegan Coconut

TOPPINGS: Granola, Berries, Bananas, Shredded Coconut, Slivered Almonds, Peanut Butter, Chia Seeds, Honey

INCLUDES: Hard Boiled Eggs, Assorted Danish + Whole Fruit

HIGH PERFORMANCE LUNCH

Herb Roasted Chicken Breast
Lemon Garlic Shrimp Skewer

Vegan Quinoa and Farro Stuffed Peppers

Balsamic Asparagus, v

Herb Roasted Potatoes, v

Little Jem Lettuce with Cucumber, Crunchy Seeds, Pickled Red Onions, Vegan Dilly Ranch Dressing

